

Mal-sun S. Marletto
Moniteur D'Escrime, USFCA
Farmington Valley Fencing Academy
860-243-8914

www.FVFA.com

## 2011 SUMMER FENCING CLINICS

10 am – 4 pm, Monday through Friday

**\$375.00** each session

# <u>SESSION 1</u> **July 25 – July 29**

This summer clinic is introductory level for ages 13+ as well as ages 8-13 who have less than 1 year fencing experience (novice) (foil only).

# SESSION 2

## **August 8 - 12**

Learn fencing basics in just 5 days!! This summer clinic is an introductory foil fencing course for people of all ages (children 9+ through adult) with NO previous fencing experience (foil only).

## SESSION 3

# August 22 - 26

An intensive 5-day fencing course for fencers of all ages who have been fencing for at least 1 year and have already made their competitive debut, as well as more advanced fencers. Emphasis on bouting and competitive fencing both in a team and an individual setting. Foil-Epee-Saber.

## Clinics limited to 10 students on a first-come first-serve basis.

To sign up, please fill out the bottom section, sign waivers, and mail in with payment in full (if received before May 15<sup>th</sup>, you get a FREE official FVFA water bottle!). Fee includes any beginner equipment rental. Please bring any fencing gear you may own.

Workout/gym attire with full-leg pants (warm-ups, leggings, sweatpants, etc. NO jeans or baggy pants) and a designated pair of gym shoes <u>for indoor use only</u> required.

## Daily schedule includes:

- Footwork & Bladework
- \* Fencing games
- \* Fencing movie during lunch (lunches are NOT provided)
- \* Bouting

### Highlights of the clinics:

- \* Fencing games daily—lots of fun!
- \* An end-of-session mock tournament with prizes!
- \* Video analysis (Session 3)

Directions to FVFA: On I-91 North or South, take Exit #37. Go Rt. 305 West for at least 2 miles. At intersection with Rt. 187, take a right. Take first left on West Dudley Town Road. FVFA is at 110A, about 0.3 miles down on the left. Visit <a href="https://www.FVFA.com">www.FVFA.com</a> for a map.

Circle One: SESSION 1 (July 25-July 29) Fencer's First Name:	SESSION 2 (Aug. 8-12) SESSION 3 (Aug. 22-26) Last Name:
Address:	
	State: Zip:
Date of Birth:/ Age:	# of Years Fencing:
Does the Fencer have any medical conc the instructor should be aware of?	ditions or learning disabilities that
Do you need a host family? YES / NO	
<b>Emergency Contact Information:</b>	
Name:	Relationship:
☐ Home Phone:	Alt. Phone:
□ E-Mail:	
(Please check preferred method of communication)	

## FARMINGTON VALLEY FENCING ACADEMY

#### CODE OF CONDUCT

In order to ensure a safe, productive and sportsmanlike atmosphere everyone, **members** (those individuals affiliated in any way with the Farmington Valley Fencing Academy (FVFA)) **must adhere to our code of conduct (the "Code")**, and are expected to hold one another to these standards. **By using our facilities, you agree to abide by this code and be subject to its disciplinary provisions.** 

We expect you to show respect for our fencers, coaches, visitors, staff, facility, and the rules of the game. We expect you to be of good will with one another when differences arise and be generous and flexible as we strive to meet the needs of all our fencers.

- 1. Fencers must behave in a sportsmanlike manner at all times. Behavior that would get you a warning or yellow card at a competition will get you a warning or yellow card at the club. This includes, but is not limited to the following specific prohibitions:
  - + Using profane or obscene language
  - + Name calling or negative talk
  - + Throwing equipment
  - + Maliciously hitting or kicking the floor or walls
  - + Yelling (unless you just scored a touch or thought you did)
  - + *Misuse of equipment* (including unhooking from the middle of the strip and letting go of the reel cable) Fencers who continue to violate these guidelines after being told to stop may be required to stop fencing for the evening.
- 2. When differences of opinions arise, fencers are expected to resolve such differences quickly, quietly, and with an eye towards finding a solution that satisfies both parties. Be of good will.
- 3. Fencers are allowed to fence only during open fencing hours, as established and approved by the manager, instructor, coach, assistant, or other designated person in charge, and to follow other rules for use of the facility.

  OPEN FLOOR FENCING IS A PRIVILEGE AND IS ONLY ALLOWED UNDER PROPER SUPERVISION AT DESIGNATED TIMES.
- 4. If your behavior would get you a black card at a competition, it will get you a black card at the club. SUCH BEHAVIOR WILL RESULT IN YOUR BEING REQUIRED TO LEAVE THE FACILITY IMMEDIATELY AND INCLUDES, BUT IS NOT LIMITED TO, THE FOLLOWING SPECIFIC PROHIBITIONS:
  - + Dangerously throwing equipment
  - + Willful damage to club property
  - + Dangerous or vindictive fencing
  - + Fencing without proper protective equipment
  - + Shouting matches
  - + Fighting
  - + Threats

Printed Name

- + Extreme unsportsmanlike conduct
- + Failure to follow the directives of the manager, coach, assistant, or other designated person in charge

Fencers who are black-carded more than once or whose behavior is particularly egregious are subject to suspension from FVFA and will be prohibited from the use of the facilities.

I agree to abide the Farmington Valley Fencing Academy Code of Conduct, and be subject to the Code's disciplinary provisions.

Signature of Member (or parent/guardian if member under 18)

## FARMINGTON VALLEY FENCING ACADEMY

#### ACKNOWLEDGEMENT WAIVER AND RELEASE FROM LIABILITY

- 1. **Identification of Risks**. I understand that participation in any activity, including but not limited to, preparation for, participation in, and coaching of activities in recreational activities, competitions and clinics, involves risk of serious injury, including permanent disability, death and other losses, due to inactions or negligence of myself or others.
- 2. **Assumption of the Risk**. I agree that I am responsible for my safety while participating in activities associated with the Farmington Valley Fencing Academy (FVFA), and that such responsibility includes participation only a) when I am both physically and psychologically prepared to participate safely, b) after fully familiarizing myself with the venue before beginning the activity, and c) while using the equipment of a type and condition reasonably necessary to safely participate. I assume all risk connected with responsibility for any injury or loss connected with my participation.
- 3. **Waiver.** Aware of the risks and willing to assume them, I hereby release and agree to hold harmless the FVFA, its officers, directors, agents, coaches, trainers, volunteers, affiliates, event organizers, sponsors. officials, owners of property used by me (Released Parties) from loss, injury, or death to myself or to any other person, or other damage to person or property resulting from my participation in events and competition and any related activities including, without limitation activities in connection with sponsorship, organization or execution of any event and travel to and from such event, whether I may participate as an athlete, coach, volunteer, spectator, or in any other manner associated with FVFA. This release is intended as a waiver of any claim I may have whether based upon negligence, breach of warranty, contract or other legal theory, against any of the above Released Parties, accepting myself the full responsibility for any such loss, injury, death or damage which may result. I intend for this release to also apply to my relatives, personal representatives, heirs, beneficiaries, next of kin, and assigns. If any part of this agreement is determined to be unenforceable, all other parts shall be given full force and effect.